Welcome back to the Lunenburg Community Centre! We are excited to begin with a partial re-opening of our facility. Please review all of the facility COVID-19 terms and conditions, which are in place to keep you, our community and our staff safe.

The facility will be open by “appointment/booking only”. Bookings must occur one (1) business day prior to usage. To book, please call 902-634-4006.

The re-opening is dependent on information provided by the Nova Scotia Health Authority, the Provincial government, sector specific plans and the needs of the community accompanied by staffing capacities. The phases are assessed based on Provincial guidelines, best practices from local facilities, and staff feasibility to maintain all standards and guidelines required.

As Provincial standards change, this document may also adapt. Please be patient with us. We are all learning together the best way to re-open our community facility.

RENTALS

- Auditorium: bookings will have a maximum of 10 people unless a plan for social distancing that meets current protocol is approved by management.
- Fitness Studio: a maximum of 10 people permitted in the studio.
- Climbing wall is closed.
- Renters are to arrive no more than 5 minutes before scheduled booking and are asked to vacate the facility within 5 minutes after booking.
- Please sanitize your hands when entering the facility.
- Renters are responsible to ensure the main doors remain locked and no other members of the public (that are not involved with the rental) enter the building.
- Renters will be asked for the booking individual's name and telephone number. This information will be kept confidential unless there is a virus spread.
- Bookings must occur one (1) business day prior to usage.
- Renters are required to follow all signage and directional flow in the building.
- Payment is in the form of cash or cheque. Normal fees will apply.
- Renters will be asked to bring their own equipment (personal racquets, balls, water, etc.).
- The water fountain will be closed. The water bottle refill station will remain open as it is touchless.
- Sports that do not meet the physical distance requirements and gathering limits are not permitted.
- To book, please call 902-634-4006.

Masks (non-medical) are required in the facility, except during an activity where a mask can’t be worn. A mask must be worn in the lobbies, hallway, washrooms and stairs. You may remove your mask during physical activity; however, a mask is encouraged at all times.
**Self-Assessment**

Prior to entering the facility, please ensure you do not have any symptoms listed by the NS Government.

Symptoms of COVID-19 include:
- fever (chills, sweats)
- cough or worsening of a previous cough
- sore throat
- headache
- shortness of breath
- muscle aches
- sneezing
- nasal congestion or runny nose
- hoarse voice
- diarrhea
- unusual fatigue
- loss of sense of smell or taste
- red, purple or blueish lesions on the feet, toes or fingers without clear cause

The severity of COVID-19 symptoms can range from mild to severe, and in some cases, can lead to death. Current information suggests most people don't experience severe illness or need to be hospitalized.

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**PROGRAMS**

- Pickleball and badminton will be a “book a court” style.
- Bookings must occur (one) 1 business day prior to usage.
- **Pickleball** “book a court” availability will be on **Tuesdays 9am-11:30am** and **Fridays 9am-11:30am**. Additional timeslots may only be booked if paying the full auditorium rental rate.
- Pickleball doubles play is allowed on two courts only but the middle court could be used for singles and still meet the 10 person gathering limit without social distancing.
- **Badminton** “book a court” availability will be on **Wednesdays 9am-11:30am**. Additional timeslots may only be booked if paying the full auditorium rental rate.
- All players will be asked for their name and telephone number prior to playing in case of a virus spread.
- Players are required to follow all signage and directional flow in the building.
- Please sanitize your hands when entering the facility.
- Payment is in the form of cash or cheque. Normal drop-in fees will apply for “book a court”.
- Players will be asked to bring their own equipment (personal racquets, balls, towels, water, etc.).
- Players are to arrive no more than 5 minutes before scheduled booking and are asked to vacate the facility within 5 minutes after booking.
- To book, please call 902-634-4006.

**WEIGHT ROOM**

- The weight room is currently unable to open due to the Provincial sector plan requirements for Nova Scotia Fitness Industries.

**WASHROOM PUBLIC ACCESS**

- No public washroom access will be available for non-facility-users.

**HOW TO BOOK A RENTAL OR PROGRAM:**

1) Review the facility COVID-19 terms and conditions found on the Town’s website & social media.
2) Call the Recreation Department at 902-634-4006.
3) Please be patient with us! We are all learning together the best way to re-open our community facility.
FITNESS CLASS AND SENIOR FITNESS CLASS

- The fall class sessions will begin on **Wednesday, September 9.**
- **Fitness Class** will be from **8:30am-9:30am** in the Auditorium when more than 10 people.
- **Senior Fitness** will be from **10:00am-10:45am** in the Auditorium.
- **Registration** for classes begins on **Tuesday, August 25, 2020.**
- Registration must be pre-booked one (1) business day prior to class. Please call 902-634-4006.
- Physical distancing must be kept at all times while in facility, including during classes.
- Participants are asked to arrive no more than 5 minutes before their class time and to vacate the facility within 5 minutes after the class.
- Masks (non-medical) are required in the facility, except during an activity where a mask can’t be worn. A mask must be worn in the lobbies, hallway, washrooms and stairs. You may remove your mask during physical activity; however, a mask is encouraged at all times.
- Instructors will keep track of attendance each class for potential tracing of COVID-19.
- We ask for you to wipe down all of your equipment after each usage. Cleaning supplies will be provided.
- Please sanitize your hands when entering the facility.
- All users are required to follow all signage and directional flow in the building.
- Normal fees will apply.
- The water fountain will be closed. The water bottle refill station will remain open as it is touchless.

<table>
<thead>
<tr>
<th><strong>FITNESS CLASS</strong></th>
<th><strong>SENIORS FITNESS</strong></th>
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<tbody>
<tr>
<td>This fitness program offers 3 moderate intensity classes per week in our fitness studio with experienced instructor Paula Masson. Classes provide a combination of cardio workouts with strength and toning exercises.</td>
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<tr>
<td><strong>Begins Wednesday, September 9</strong></td>
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<tr>
<td>Mondays, Wednesdays &amp; Fridays</td>
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<tr>
<td>8:30am-9:30am</td>
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<tr>
<td>Community Centre Gym</td>
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<td>$43/month or $5/drop-in</td>
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<tr>
<td>This program is designed primarily for seniors and those who prefer to exercise with ease. Our instructor, Madeline Oxner, leads the class with emphasis on improving muscle tone, flexibility and strength in an atmosphere of fun and friendship.</td>
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